

# CHANISE HENDRIX

## LICENSED MARRIAGE & FAMILY THERAPIST

### CONTACT

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### LICENSE / EDUCATION

Board of Behavioral Sciences

License Number: LMFT 98482

Issue Date: 3/3/2017

University of Phoenix, 2014

Master's of Science

Counseling, Marriage, Family, Child Therapy

Sacramento State University, 2008

Bachelor's of Arts

Sociology

### MEDIATION / EVALUATION TRAINING

#### Child Custody Evaluation 101 (40 Hours), 2023

- Standards, Guidelines and Rules
- Forms, Procedures and Reports
- Allegations & Sensitivities
- Challenging Issues
- Managing Value Disputes, Never Married Couples, & Holiday/Vacation Schedules, Self Care & Social Media
- Evaluating StepFamilies, Special Needs, Interfacing with Organizations, and The Legal Download
- Social Capital; Developmental Ages & Stages, Role Modeling, Empirically Based Interventions, How & What to Tell Children About the Evaluation Process & Results, The Damage of Secret Keeping
- Tying it All Together, Covid-19 & Custody Evaluations, How to Get Your First Reports Supervised, How to Market yourself, The Business Aspects

#### Align Mediation Training Course (40 Hours), 2023

#### Domestic Violence: Everything You Should Know and Understand (20 Hours), 2024

#### CCE Annual Update 2024 (8 Hours), 2025 CCE Annual Update 2025 (8 Hours) 2026

#### IPV Annual Update 2024 (4 hours), 2025 IPV Annual Update (4 Hours), 2026

### WORK EXPERIENCE

#### Founder & CEO

Hendrix Family Counseling Inc DBA Heal Boldly

2021-Present

- Provide individual, child, couples, family, and group psychotherapy and tele-therapy. Conduct mental health assessments, develop individualized treatment plans to address client challenges.
- Provide Private Child Custody Recommending Counseling (PCCRC) and Child Custody Evaluations (Cali. Sec. 3111), and Confidential Mediation
- Provide Co-parenting and parent coaching services
- Host & facilitate mental health workshops and webinars
- Provide clinical supervision, clinical oversight, and clinical consultation

#### Critical Incident Responder

R3 Continuum

2024-Present

- Provides immediate, on-site behavioral health support to employees after traumatic workplace events (like violence, accidents, or natural disasters) as an independent contractor, offering crisis intervention, emotional support, and referrals, utilizing a flexible schedule and digital reporting tools for community-focused, case-by-case crisis management

#### Coordinator I, Mental Health

Sacramento City Unified School District

2021-Present

- Manage and provide school-based mental health support services, including but not limited to, suicide risk assessments, crisis intervention services, case management, skills development, psychoeducation, stress/crisis management, parent/caregiver trainings, restorative mediation, mental health screening, and linkage to other resources within the community, if needed.
- Provide psycho-educational consultation to District administrators and staff, school-site administrators and staff and parents/family members on student mental health/mental health crisis response
- Collaborate with District personnel and community-based organization to develop and/or revise policies which contribute to increasing equity for marginalized student populations.

#### Specialist II, Mental Health

Sacramento City Unified School District

2021-2022

- Collaborate with the Site Administrators and other District personnel to identify and implement evidence-based programs that support the social, emotional, behavioral and academic achievement of students at-risk.
- Organize, participate in, and/or conduct family involvement programs focused on such issues as physical/mental health, literacy, parent engagement, school programs, and community resources; manage community outreach activities to engage at-risk students, parents, and other family members.
- Facilitate and/or participate in Student Study Teams (SST), Section 504 Plan (Section 504 Plan of Rehabilitation Act and the Americans with Disabilities Act), Individual Education Plans (IEP), School Attendance Review Boards (SARB), and Student Attendance Review Teams (SART), and other multi-disciplinary team meetings or committees to assist in identifying students at-risk and developing and providing interventions for identified students.

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### CLINICAL TRAINING/ CONTINUING EDUCATION

- Child Abuse Assessment & Reporting in California (7 Hours)
- Introductory Interdisciplinary Collaborative Training (12 Hours), 2025
- Clinical Supervisor: Legal and Ethical Issues (6 Hours)
- California Law and Ethics (12 Hours), 2024
- Telehealth (3 Hours), 2024
- Gottman Method Couples Therapy Level 1: Bridging the Couple Chasm (11 Hours), 2023
- Gottman Method Couples Therapy, Level 2
- HIV/AIDS: A Comprehensive Review (7 Hours), 2022
- CAMFT Supervision Workshop Series (6 Hours) 2021
- Spousal or Partner Abuse Assessment, Detection and Interventions Strategies (2 Hours), 2020
- Psychopharmacology: A Comprehensive Review (6 Hours), 2020
- Instruction on the use of the American Society of Addiction Medicine Criteria (ASAM) as a tool for initial client placement and for determining the need for ongoing services at a given level of care or transition to another level of care. (4.5 Hours), 2018
- WEAVE Peer Counselor Training, 69-hour comprehensive, culturally-responsive and trauma-informed training on sexual assault, domestic violence, sex trafficking, crisis intervention and WEAVE services., 2014

### WORK EXPERIENCE

#### Senior Mental Health Counselor

Sacramento County, Substance Use Treatment & Prevention Dept. 2018-2021

- Conduct accurate and thorough assessments of client status, history, danger to self and others, progress, chemical dependency, and related mental health information.
- Assess severity of psychiatric symptoms and AOD use to determine the least restrictive intervention for presenting problems.
- Lead/participate in Multi-Disciplinary Team meetings and make critical decisions for program policies/procedures and client care.
- Provide clinically sound guidance to program providers to assist with creating and improving AOD treatment components.
- Prepare diagnoses and evaluations of mental disorders
- Formulate, implement, and monitor treatment plans
- Conduct group and individual psychotherapy

#### Student & Family Support Specialist

Sacramento City Unified School District 2016-2018

- Work in conjunction with mental health clinicians and/or clinical supervisor to assess risk, and identify students/families in need of more intensive services.
- Provide support to students and family members, and make home visits as needed; make visits to schools and community agencies as needed to meet with students and strengthen collaborative service efforts.
- Foster individual growth related to increasing crisis management, coping skills, and emotional/behavioral functioning of students K-12.

#### Assessment & Referral Clinician

Sierra Vista Hospital 2017-2018

- Manages inquiry calls, schedules assessments, and performs psychiatric assessments for individuals presenting as an appointment or walk-in.
- Provide clinical summary and recommendation based on their findings, consult with the psychiatrist, and refer/ admit individuals to the appropriate lowest level of care based on the psychiatrists orders.
- Provide community referrals as indicated and desired by the individuals.
- Manage the bed board accuracy.

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## MEMBERSHIPS

California Association of Marriage & Family Therapist (CAMFT)

Association of Family and Conciliation Courts (AFCC)

International Academy of Collaborative Professionals (IACP)

Sacramento Mediators Group (SacMeg)

## STRENGTH FINDERS STRENGTHS

Strategic

Relator

Achiever

Focus

Learner

Responsibility

Significance

Analytical

Futuristic

Individualization

## WORK EXPERIENCE

### Behavior Health Clinician

Dignity Health Children's Center South

2015-2016

- Provide a variety of mental health services including initial intake assessments, evaluations, rehabilitative services to individuals, families and groups, crisis intervention, and linkages and referrals to appropriate services.
- Assist individuals with further understanding of their diagnosis, related symptoms, and impact on their daily functioning.
- Adhere to documentation guidelines and requirements
- Develop appropriate engaging curriculum to increase knowledge, functioning, and relational patterns. Acknowledge and reframe environmental, developmental, and interpersonal experiences conflicting with curriculum to strengthen its relevance.

### Domestic Violence & Sexual Assault Counselor

2014-2015

WEAVE

- Provide individual and group therapy services to survivors of domestic violence and/or sexual assault.
- Coordinate linkage to community resources and legal/court resources.

## PUBLICATIONS

Wofford, Nichole C.; Garcia, Alejandra Fernandez; Hendrix, Chanise; Tavianini, Theresa; Ellsworth, Shannon; Torres, Elizabeth; Lizarraga, Ruben; Maria Reyes-Bonds. (2019). Decreasing Suicide Risk for LGBTQ Students Utilizing the Connect Center Approach: Applying Bronfenbrenner's Ecological Model of Social Work in a School District. *School Social Work Journal* 44 (1), 58-77.

"Trapped: An Insightful Approach to Working with African American Women Experiencing Domestic Violence" by Chanise Hendrix, published by Chanise Hendrix, 2017.